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**To: Coventry Health and Wellbeing Board**

**Date: 8th February 2016**

**From: CAMHS Programme Manager**

**Subject: The Coventry and Warwickshire 'Transforming Children and Adolescents Mental Health and Emotional Wellbeing' Transformation Plan**

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## **1 Purpose**

- 1.1 To inform the Health and Wellbeing Board of the five year 'Transforming Child and Adolescent Mental Health and Emotional Wellbeing' Transformation Plan developed across Coventry and Warwickshire Clinical Commissioning Groups in collaboration with Coventry City Council and Warwickshire County Council in autumn of 2015.

## **2 Recommendations**

The Coventry Health and Wellbeing Board are recommended to note:

- 1) The Coventry and Warwickshire Transforming Children and Adolescents Mental Health and Emotional Wellbeing Transformation Plan assured by NHS England in November 2015.

## **3 Information/Background**

- 3.1 To support system wide transformation within Child and Adolescent Mental Health services (CAMHs), NHS England allocated £75m funding across all Clinical Commissioning Groups (CCG's) to improve children and young people's mental health and emotional wellbeing. An additional £30m funding has been allocated to all CCG's nationally to develop a community based eating disorder service.
- 3.2 The Department of Health and NHS England published the 'Future in Mind' report in 2015, detailing the national strategic vision for transforming CAMHs services for children and young people. The report identified a range of national challenges affecting CAMHs which include difficulty in access, complex commissioning arrangements, and limited support for the most vulnerable young people and at crisis. The 'Future in Mind' report details the five recommendations required by 2020:
- 1) Promoting resilience, prevention and early intervention
  - 2) Improve access to effective support – a system without tiers
  - 3) Care for the most vulnerable including looked after children and young people in supported accommodation
  - 4) Greater accountability and transparency
  - 5) Developing the workforce

- 3.3 Guidance published in August 2015 by NHS England, placed responsibility for all CCG's to submit a five year ambitious strategy by 16<sup>th</sup> October 2015 detailing how local CAMHs will be transformed in line with the Department of Health and NHS England's Future in Mind recommendations by 2020. A single Transformation Plan (The Plan) was developed by Coventry and Rugby CCG, in collaboration with South Warwickshire CCG, Warwickshire North CCG, Coventry City Council and Warwickshire County Council.
- 3.4 The Plan has been approved by each Chair of the Health and Wellbeing Boards across Coventry and Warwickshire, NHS England Specialised Commissioning, Executive Lead Officers within each CCG across Coventry and Warwickshire and by the Coventry Joint Commissioning Board in September 2015.
- 3.5 Local Plans were subject to a robust three stage assurance process and assessed against the scoring criteria as follows:
- a) Criteria met in full and all funds will be released to the CCG (scoring 80% and over)
  - b) Plans require amendment, with funding released once amendments made and plans have been resubmitted (scoring 50% to 79%)
  - c) Plans not aligned to the guidance and support mechanism will be enforced to support CCGs in developing their plan (scoring 49% and below)
- 3.6 The Coventry and Warwickshire Plan received a score of 84% and will therefore receive the following recurrent financial allocation from NHS England to support delivery and implementation of the transformation plan from December 2015 until 2020:

*Table 1: Financial allocation for Coventry and Warwickshire:*

| CCG                | Population | Eating Disorder Service & planning 15/16 | Additional 15/16 Funding | Recurrent annual funding |
|--------------------|------------|--|--------------------------|--------------------------|
| Coventry & Rugby   | 479,000    | £250k                                    | £628k                    | £878k                    |
| South Warwickshire | 264,000    | £138k                                    | £346k                    | £484k                    |
| Warwickshire North | 200,000    | £104k                                    | £262k                    | £366k                    |
|                    |            | <b>£492k</b>                             | <b>£1.2m</b>             | <b>£1.7m</b>             |

- 3.7 The Plan will initially deliver 7 key local strategic priorities as set out below:
- 1) **Strengthening mental health support to children and young people in school** – enhances the mental health training, consultation and support provided by the Integrated Primary Mental Health team to schools, which is commissioned to provide practical support to universal professionals (including teachers and social care professionals) to assist in the early identification of mental health and emotional wellbeing needs. The supported delivered through the Transformation plan will provide dedicated mental health support to schools with high need to reduce barriers to access and provide assessment and intervention using skilled dedicated resource embedded within school settings.
  - 2) **Further reducing waiting times for access to CAMHS services** – continues to build and sustain the improvements realised locally through the investment made by Coventry and Rugby CCG, to ensure children, young people and their families access effective support as needs arise. The target of 18 weeks referral to definitive treatment is expected to be delivered and the 12 week maximum wait for follow up maintained.
  - 3) **Reducing the number of young people awaiting an assessment for ASD** - young people with ASD will have access to timely assessments, treatment and support by April 2016.

- 4) **Providing crisis support to young people presenting with self-harm** – continuing to build on and sustain the Acute Liaison service implemented across Coventry and Warwickshire, to ensure children and young people receive flexible and responsive out of hours support to reduce the need of hospital admission and improve resilience and mental health outcomes of young people.
- 5) **Dedicated mental health support for the most vulnerable, including children who become Looked After and in Supported Accommodation** - will provide individuals with improved access to maximise their life chances prevent placement disruption or breakdown and prevent mental health needs from escalating into their adult life. The implementation of a skilled mental health professional within Social Care and Supported Accommodation provision will assist in the early identification of mental health needs amongst the most vulnerable young people in the city, improve access to services and improve the mental health and emotional resilience of young people and their carers.
- 6) **Enhancing access to information and communication through technology** - The creation of an interactive web tool will provide dedicated, effective access for young people, in a confidential manner, supported by skilled professionals to support young people in the community.
- 7) **Implementation of a newly developed community based Eating Disorder Service** across Coventry and Warwickshire, designed to meet the Access and Waiting Time Standards. The service will provide a graduated level of care support to children near to home, designed to meet the population needs of Coventry and Warwickshire, which empowers young people and their family to manage, access and receive quality specialist support and improve their health outcomes.

3.8 The CCG is responsible for the plan and NHS England will monitor progress on the plan on a quarterly basis. Progress reports will be produced by each CCG and submitted to NHS England to provide updates against key performance indicators and targets set within the plan.

3.9 A CAMHS Transformation Delivery Board chaired and managed by Coventry and Rugby CCG has been established to maintain strategic oversight on delivery, implementation and management of the Plan.

3.10 Strategic oversight will be provided to the Health and Wellbeing Board and the Children and Young People Partnership Board, through an annual report on progress against the strategic priorities identified within the Plan.

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Enquiries should be directed to the above person.

**Appendices**

**Appendix 1: The Coventry and Warwickshire Transforming Child and Adolescent Mental Health and Emotional Wellbeing Transformation Plan**